

# Welcome to healthcare designed to treat you better.

Included Health is an all-new way to get the care you need, the way you want—all from a single app. We will help you navigate the health care system, answer questions you may have about the process, and assist you in identifying quality providers for you and your family's needs.

Who makes your family's healthcare decisions? Share this guide with your spouse or partner so they know about Included Health.

## For all things healthcare, start with Included Health.



Your on-call care team can find you doctors, get you a second opinion, and more.



Your healthcare information and bills are all available in the Included Health app.

## Who can use Included Health?

Included Health is a no-cost benefit available to all eligible members (including actives, pre-65 retirees, and COBRA participants) and their covered dependents enrolled in the Automatic Sprinkler Local 281, U.A. Welfare Fund.

## How much does it cost?

Included Health is fully covered by U.A. 281 Welfare Fund and available at no cost to you and your covered dependents.

## How do I get started?

1. Download the Included Health app.
2. Activate your free account or log in.
3. Get the healthcare help you need.



## Win a \$100 Visa Gift Card.

Register with Included Health by June 1, 2024 for a chance to win a \$100 Visa gift card (5 winners selected).



download the app

## Activate your account.

[includedhealth.com/local281fund](https://includedhealth.com/local281fund)  
1-833-201-1235

