

AUTOMATIC SPRINKLER

LOCAL 281, U.A.

WELFARE FUND



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SUMMARY OF MATERIAL MODIFICATIONS #16 LIVONGO DIABETES MANAGEMENT

January 2021

The Trustees are excited to announce Livongo for Diabetes, a new health benefit being offered at no cost to you. The Livongo for Diabetes Program makes living with diabetes easier by providing you with a connected meter, unlimited strips, and coaching.

Eligible Participants: The program is provided to you and your family members with diabetes and coverage through Blue Cross and Blue Shield of Illinois (BCBSIL).



Here are some of the benefits of this program:

- **More than a Standard Meter:** The Livongo meter is connected and provides real-time tips and automatically uploads your blood glucose readings, making logbooks a thing of the past.
- **Unlimited Strips at No Cost to You:** Get as many strips and lancets as you need with no hidden costs. When you are about to run out, Livongo ships more supplies, right to your door.
- **Coaching Anytime and Anywhere:** Livongo expert coaches are available anytime via phone, text, and our mobile app to give you guidance on your nutrition and lifestyle questions.

To Learn More or Join: join.livongo.com/281WELFAREFUND/now

Other Side->

This benefit is for eligible Plan Participants who require insulin to control their diabetes. Therefore, there are not any out-of-pocket costs associated with being enrolled in this program, and benefits are paid at 100%.

We are continually looking for ways to add programs that will enhance our benefits offering and help maintain and improve your health, and the health of your family members. If you have any questions about this program, please visit the Livongo website at www.welcome.livongo.com/281WELFAREFUND or call Livongo Member Support at **(800) 945-4355** and mention registration code **281WELFAREFUND**.

Sincerely,

Tim Morrin
On Behalf of the Trustees of Automatic Sprinkler
Local 281, U.A. Welfare Fund



Modern Diabetes Management, At No Cost to You



Livongo helps you stay on top of your health. It comes with an advanced meter, unlimited strips and lancets, and on-demand coaching.

PROGRAM BENEFITS

- ✓ An advanced blood glucose meter
- ✓ Unlimited strips and lancets
- ✓ Personalized insights
- ✓ One-on-one coaching
- ✓ Guidance on healthy habits



GET STARTED



Text **"GO 281WELFAREFUND"** to **85240** to learn more & join

You can also join by visiting join.livongo.com/281WELFAREFUND/register or call **(800) 945-4355** and use registration code: **281WELFAREFUND**

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Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al (800) 945-4355 o visite bienvenido.livongo.com/281WELFAREFUND

Members must have primary insurance coverage through the Blue Cross and Blue Shield of Illinois (BCBSIL) plan offering the Livongo program. For Administrative Services Only (ASO) and Preferred Provider Organizations (PPO) only. Not available for Fully Insured (FI) or Health Maintenance Organizations (HMO).

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